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| Friday, March 8, 2024 |
| 7:00 a.m. - 7:50 a.m. | Breakfast | Sponsored by ProAssurance |
| 7:50 a.m. - 8:00 a.m.  | Welcome andAnnouncements  | Christy Weihe, Sandra Frazier, MD |
| 8:00 a.m. - 9:00 a.m. | *History of the APHP*  | Robert Hunt, DMin, LPC-S  |
| 9:00 a.m. – 10:00 a.m. | *All About Me*  | Wendi Parminter, DrPH, MHA |
| 10:00 a.m. – 10:30 a.m. | Break | Sponsored by Talbot Recovery |
| 10:30 a.m.- 11:30 a.m. | *Back to the Future* | Scott Tietelbaum, MD |
| 11:30 a.m.- 12:30 p.m.  | *Sustainably Peaceful Healthcare Teams* | Matt Sherrer, MD |
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| 5:30 p.m. -6:30 p.m. | Welcoming Banquet | Sponsored by Bradford Health Services |
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| Saturday, March 9, 2023  |
| 7:00 a.m. -7:50 a.m. | Breakfast |  Sponsored by Soberlink |
| 7:50 a.m. - 8:00 a.m.   | Opening Announcements | Christy Weihe |
| 8:00 a.m. - 9:00 a.m.  | *The Healing Power of Groups* |  Celia Cantor, LPC |
| 9:00 a.m. -10:00 a.m. | *Healing from Within: Meditation as a Therapeutic Tool* |  M. Keely Sutton, PhDJason Heaton, PhD |
| 10:00 a.m. - 10:30 a.m.  | Break  |  |
| 10:30 a.m. – 11:30 a.m.  | *From Tragedy to Triumph: The Pathway from ACES to Growth* | Joy Winchester |
| 11:30 a.m. – 12:30 p.m. | *The Perils and Benefits of Technology for Mental Health* | Anish John, MD |
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| Sunday, March 10, 2024 |  |  |
| 7:00 a.m. – 7:50 a.m. | Breakfast |  |
| 7:50 a.m. – 8:00 a.m. | Opening Announcements | Christy Weihe |
| 8:00 a.m. – 9:00 a.m. | *Trauma Informed Care* | Leah Claire Bennet, PhD Lacey Herrington, PhD |
| 9:00 a.m. – 10:00 a.m. | *Motivational Interviewing and the Brief Negotiated Interview- a Collaborative Conversation* | Audra Toney, MSWShanna McIntosh, MS, AADC |
| 10:00 a.m. – 10:30 a.m.  | Break |  |
| 10:30 a.m. – 11:30 a.m. | *Dare to be Human: The Power of Vulnerability* | Sandra Frazier, MD  |
| 11:30 a.m. – 12:30 p.m. | *Story of Experience, Strength and Hope* | Gayla Royer, MD |

Objectives

1. Describe the impact that clinician trauma and /or client trauma can have on patient care.

2. Recognize how vulnerability can enrich relationships on a professional and personal level.

3. Identify ways to enhance wellness in the workplace that affirm the importance of clinician well-being.

4. Implement strategies that recognize the value of connection with colleagues and improve team interaction.